

Part 1: Compliance with Wellness Policy

	Policy Language (please draw verbiage from your school WP)	Not Met	Partia l Comp liance	Full Comp liance	Reconciliation: address any successes (if full compliance) and barriers as well as plans to address challenges
Nutrition Promotion goals	<p>Para Los Niños (PLN) and Charter Elementary are committed to providing school environments that promote and protect children’s health, well-being, and ability to learn by supporting healthy eating and physical activity. The PLN Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for PLN students.</p>			X	<p>The Local School Wellness Policy (WP) is a comprehensive organized set of policies, procedures, and activities. The WP is designed with the goal to support and promote healthy eating, healthy behaviors and physical activity in PLN and was developed, implemented, and reviewed by the board.</p>
Nutrition Education goals	<p>1. Students shall receive nutrition education consistent with the Health Framework for California Public Schools and current legislation.</p> <p>2. Students shall receive consistent nutrition messages throughout the school campus.</p>			X	<p>Governing Councils will develop, implement, monitor, review, and revise as necessary school nutrition and physical activity policies as pertinent to each council or committee’s duties</p>

Physical Activity goals	<p>All students in grades K-5, including students with disabilities, special health-care needs, and in alternative educational settings, will receive daily physical education (or its equivalent of 120 minutes every ten days during the regular school day) for the entire school year. Students will spend at least 50% of physical education class time participating in moderate to vigorous physical activity.</p> <p>-All students will have at least 15 minutes a day of supervised recess, preferably outdoors, during which schools should encourage moderate to vigorous physical activity verbally and through the provision of space and equipment.</p>			X	Physical activity promotes student wellness, and the various opportunities for physical activity have remained consistent.
Student Wellness	<p>The Governing Board recognizes that students need adequate, nourishing food to grow, learn and maintain good health. Classroom celebrations should encourage healthy choices and portion control. Parents and families should receive guidance from the school on foods that are appropriate for such celebrations. It further recognizes that significant research indicates a positive relationship between adequate nutrition and learning resulting in academic success.</p>			X	The WP is designed with the goal to support and promote healthy eating, healthy behaviors, and physical activity. Developed, implemented, and reviewed, by stakeholders.

Meal Standards	<p>All foods and beverages provided through the National School Lunch/School Breakfast Programs meet nutritional requirements of the National School Lunch Act.</p> <p>All foods available to students during school hours shall be: 1. Selected to contribute to student's nutritional well-being and the prevention of disease. 2. Prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits. 3. Proven to give a variety of healthy choices at all sites including ethnic and cultural favorites.</p>			X	<p>All school meals meet or exceed USDA standards and priority is given to serving unprocessed foods, made with fresh ingredients.</p> <p>All food served to students is prepared in health-inspected facilities under the guidance of food safety certified staff. A copy of the most current inspection is posted in each kitchen facility</p>
Competitive Food Standards	<p>All school meals meet or exceed USDA standards and priority is given to serving unprocessed foods, made with fresh ingredients.</p> <p>All food served to students is prepared in health-inspected facilities under the guidance of food safety certified staff. A copy of the most current inspection is posted in each kitchen facility.</p>			X	<p>All school meals meet or exceed USDA standards and priority is given to serving unprocessed foods, made with fresh ingredients</p>

Food sold on campus	All foods and beverages sold during school between 12 am and 30 min after the conclusion of the school day comply with Smart Snack requirements.			X	All food sold at PLN ensure they are following all smart snack regulations
Food offered on campus <ul style="list-style-type: none"> School Fundraising Classroom Celebrations 	will limit celebrations that involve food during the school day to no more than one party per class per month. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually (above). PLN will disseminate a list of healthy party ideas to parents and teachers.			X	Fundraisers are approved by one of the governing councils. Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items by following the smart snack policies.
Marketing (food and beverage) on campus	n/a				n/a
Public Involvement (WC consists of mandatory stakeholders)	PLN is committed to being responsive to community input, which begins with awareness of the wellness policy. PLN will actively communicate ways in which representatives and others can participate in the development, implementation, and periodic review and update of the wellness policy through a variety of means appropriate for PLN.			X	Each school site shall post a copy of the Wellness Policy and regulations on nutrition and physical activity in public view within all central eating areas and in the main offices.

Public Notification (Notification of changes/updates to WP: made public and how?)	PLN will inform parents and community of the improvements that have been made to school meals and wellness policy through a variety of means appropriate for PLN			x	Shared the changes and allowed for comments during our Cafecito Con Padres (Coffee with the Principal) at each school site and then shared it at board meeting. Wellness Policy and Triennial Assessment shared on school website, school's office, and meal service area.
Leadership	The Superintendent or designee(s) that will convene and facilitate development of and updates to the wellness policy, and will ensure each school's compliance with the policy. Vice President of Student Success and/or Managing Director of Charter Schools			x	Each school site Principal and staff ensure that each PLN site complies with the local school wellness policies.
Water availability	Safe, free water is available to all students throughout the school day. Drinking water and hand-washing facilities should be always conveniently available for students.			X	Filtered water is available at all water fountains throughout the campus, including the meal service area.

Part 2: Comparison to Model Policy

If your school has NOT adopted a Model Policy continue with the table below.

	Model Policy	Our School's Policy
How do current nutrition goals compare to those indicated in model WP?	will teach, model, encourage and support healthy eating by all students. Schools will provide nutrition education and engage in nutrition promotion that: <ul style="list-style-type: none"> Is designed to provide students with the knowledge and skills necessary to promote and protect their 	PLN is committed to providing a school environment that promotes and protects children's health, well-being, and the ability to learn by supporting healthy nutritional choices and physical activity.

	health;	
How do current physical activity goals compare to those indicated in model WP	will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. The physical education curriculum will promote the benefits of a physically active lifestyle and will help students develop skills to engage in lifelong healthy habits, as well as incorporate essential health education concepts	The board desires to provide a physical education program that builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of the goals.
Policy Strengths	Comprehensive and detailed focus on nutrition education and staff wellness	Community and staff wellness through implementation of the wellness policy
Areas of Improvement	N/A	A more comprehensive assessment to further achieve optimal health in all school sites
Outline opportunity for public input	N/A	PLN website and social media output

Part 3: Progress

Please describe the following:

Integrating nutrition and physical activity into overall curriculum. How are we working toward this?

By continuing to reach out to teachers and parents for ideas to better implement physical activity. As well as seeing what resources are available for accommodations.

Ensure professional development of staff includes nutrition and physical activity components. IS this happening at Staff Development Day(s)?

More information and resources could be shared for better implementation of the success of the Wellness Policy.

Successes: Briefly describe successes with overall implementation of Wellness Policy

Implementation of the wellness policy is well received by students, staff, and parents. Continuing working on more resources to better help accommodate optimal health in the students.

Barriers: Briefly describe any problems with implementation and provide information or suggestions on support to overcome said barriers.

Better communication, and ideas to implement into the curriculum for teachers to execute nutrition/physical activity awareness.

WC meeting: December 2023

Triennial Assessment Report to Public

Identify and Attach supporting documentation: copies, mailers, website screenshot printout, social media screenshot, etc. outlining how the Wellness Policy information was published to the following:

Who	Method	Date
X School Board	Information and approvals brought to the board	Yearly
X Parents	Parent information meetings at each site	Quarterly
X General School Community	Through PLN website	Yearly- Present
X Students	Posters, Banners around school	Yearly- Present
X Teachers	Staff meetings, digital media through emails	Yearly- Present
X School Administrators	Staff meetings, flyers, and emails	Yearly- Present
X General School Staff	Flyers, posters around the school sites	Yearly -Present